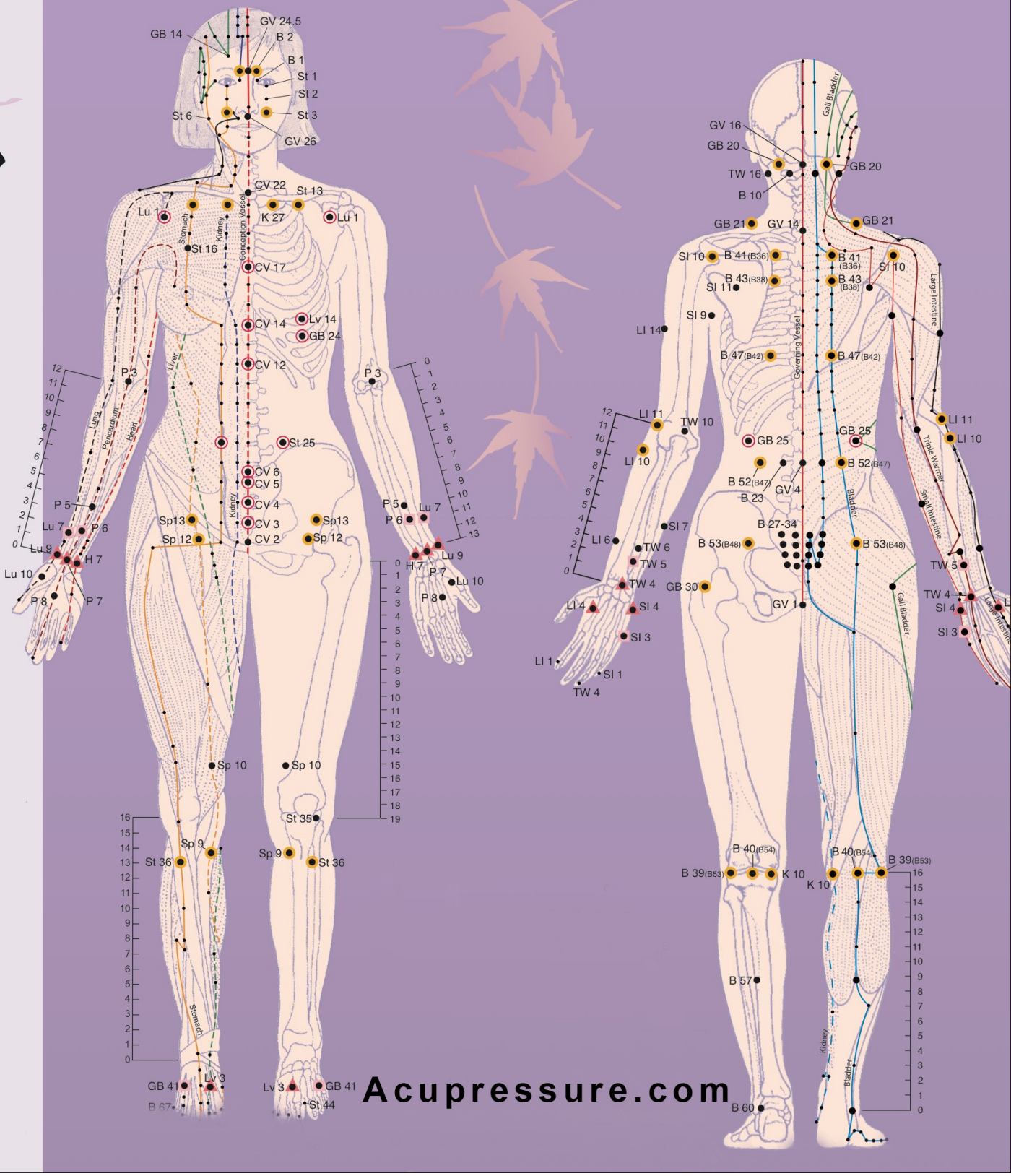ACUPRESSURE